



Unifying Neighbors Through Education and Development

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UNiTED Research

Last year I did my master internship at UNiTED Projects in Ghana. My research focused on the I came to Kpando, Ghana to conduct scientific research for my graduation project. UNiTED Projects facilitated this research project, in collaboration with Ghana Health Service. From the moment I arrived in Ghana, it was one big adventure. I had a huge culture shock the first week, but I'm so glad I have experienced the culture from the inside. After four months of living, working and traveling in Ghana and among the Ghanaian communities, I can say I have really got to know the Ghanaian culture. I made a lot of great friends through UNiTED Projects, both European and Ghanaian, and I met so many nice people. For my research project I traveled to one of Ghana's most remote islands on Lake Volta together with two of my fellow students. On the island, I interviewed mothers, fathers and community health nurses with the help of a translator in order to study the role of husbands in maternal health. Due to the long travel time, we went to the island three times and spent 5 days and nights in a row without running water or electricity. It was so special to see how people on the island live. They live in a completely different world and have completely different norms, values and traditions. Together with my fellow student, who is also one of my best friends, I started blowing a few balloons for some of the children on the island and before we knew it, we were surrounded by lots of children who passed it on to each other. It was amazing to see how happy these children were with something so simple and small as a balloon. I'm very grateful I got to experience the Ghanaian life, people and nature and I will never forget these amazing four months.